

# Contacts for Carers

This Factsheet provides information about some of the useful national and local organisations, which support Carers in many different ways. Cheshire Carers Centre maintains an information database on organisations including those supporting Carers in Cheshire. Please contact the Centre for further information.

## National Organisations

Princess Royal Trust for Carers	www.carers.org	Tel: 0844 800 4361
Carers UK	www.carersuk.org.uk	Tel: 0808 808 7777
Contact a Family	www.cafamily.org.uk	Tel: 0808 808 3555
Young Carers YC Net	www.youngcarers.net	Website only
Government Information Service	www.directgov.gov.uk	Website only

## Social Services Access Team

Cheshire East	Tel: 01625 374700
Emergency Access Team Out of Office Hours	Tel: 01606 76611

For information about services and patient care in hospitals and your local area, contact **Patient Advice and Liaison Services** for Primary Care Trusts and NHS Trusts in Cheshire.

Central & Eastern Cheshire PCT	01606 544444
East Cheshire NHS Trust	0800 161 3997
Mid Cheshire Hospitals NHS Trust	01270 612410
Cheshire & Wirral Partnership NHS Trust	01244 364217

## To make a complaint about health services you have received

Independent Complaints Advocacy Service: ICAS assisting with complaints against the NHS	0845 120 3735
---	---------------

## Benefits and Pensions

Disability Benefits Helpline	08457 123456
Carers Allowance Unit	01253 856123
Pension Service	08456 060265
Pension Credit Helpline	0800 991234

## Citizens Advice Bureaux

Congleton	0845 601 0271
Crewe	01270 212401
Macclesfield	01625 426303
Nantwich	01270 625565

Supporting Carers across Cheshire East  
Helpline 0800 085 0307

## Quick Guide to Local Organisations

ORGANISATION	Area	Telephone
<b>Community &amp; Hospital Support</b>		
British Red Cross, Care in the Home Service, Medical Loans, Equipment	Headquarters, Cheshire	01565 650201
<b>Organisations supporting people with disabilities</b>		
Cheshire Centre for Independent Living Information & Direct Payments	Cheshire East & Cheshire West & Chester	01606 872760
Disability Resource Exchange	Crewe	01270 501535
Macclesfield Disability Information Bureau	Macclesfield	01625 501759
Making Space supporting families caring for someone with mental illness	Macclesfield Crewe	01625 508504 01270 848516
Mencap supporting people with learning disabilities	North West	0161 968 9250
Multiple Sclerosis Society	Macclesfield	01625 548522
Stroke Association Family Support Service	Macclesfield Crewe	01625 612044 01270 612237
<b>Equipment</b>		
British Red Cross Care in the Home, Medical Loans, Equipment	Headquarters, Cheshire East	01565 650201
Independent Living Centre	Cheshire East	01625 374080
<b>Home Care</b>		
Crossroads Caring for Carers	Cheshire East	01260 292850
<b>Home Repair &amp; Accident Prevention</b>		
Anchor Staying Put providing small repairs, security & safety checks at home	Crewe & Nantwich	01270 537422
Care & Repair providing small works building, repairs and safety checks	Macclesfield Congleton	01204 814429 01270 529550
<b>Older People</b>		
Age Concern: Cheshire East	Cheshire East	01625 612958
Alzheimer's Society	Cheshire East Crewe	01625 503302 01270 501901
<b>Parent Carers</b>		
National Autistic Society: Cheshire	Cheshire East & Cheshire West & Chester	01244 315651
Parent Partnership supporting parents of children with special educational needs until Aug 2009	Cheshire East & Cheshire West & Chester	01829 742997
Sport Cheshire—for information on inclusive sport	Cheshire East & Cheshire West & Chester	01606 871812
<b>Young Carers</b>		
Young Carers Project: Cheshire East Crossroads Caring for Carers	Cheshire East	01260 292850