

Confidentiality

As with all group sessions, ensure that you have a group agreement in place which everyone signs up to. This must cover confidentiality and sharing information with the group. It's good to take time to discuss what is meant by confidentiality and sharing of information and what you as workers do about confidential disclosures. Always talk through organisation's policy about young carers disclosing sensitive information and what your duty is under Child Protection policies. You can do this in as informal a way as possible.

Emphasise that everyone participating in the sessions has to agree to the group agreement, this includes staff and volunteers. Use the agreement to reinforce confidentiality each week and refer participants back to what was agreed as required.

