

# Simplyhealth Caring Surgery Award 2008

Behind every sick patient is a carer who also needs support from their GP

## Application form

Health and wellbeing group Simplyhealth and The Princess Royal Trust for Carers want to celebrate the work that GPs do to help patients who are unpaid family carers. Patients who, without payment, care for their partner, relative or friend because they cannot cope alone due to illness, disability, frailty or addiction. With GP surgeries often the first point of contact for unpaid carers, and the first to identify them, the work done by GP surgeries is fundamental.

To be in with a chance of winning **£2,000** for your surgery, simply fill in and return this form to us by 10th October 2008. Please provide supplementary material where appropriate.

Surgery name \_\_\_\_\_

Address \_\_\_\_\_

Telephone number \_\_\_\_\_ Surgery e-mail address \_\_\_\_\_

Contact name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

1. What is your list size? \_\_\_\_\_  
How many carers are registered at your surgery? \_\_\_\_\_  
How many have you identified in the last six months? \_\_\_\_\_
2. Do you check known carers' physical and emotional health when an opportunity arises? Yes / No
3. Do you ask carers if they know, and would like, details of the local carers' support organisation? Yes / No
4. Are staff aware of the local carers' support organisation and do they have the contact details to hand? Yes / No
5. Do you have leaflets, posters or information about the local carers' support organisation on display in the surgery? Yes / No
6. Carers are entitled to ask social services for an assessment of their needs.  
Do you ask carers if they have had an assessment? Yes / No
7. Do you work in partnership with your social services agency? Yes / No  
Please give details \_\_\_\_\_  
\_\_\_\_\_
8. Do you know your local carers' centre? What links do you have? Yes / No  
Please supply details (how often, what does it involve etc) \_\_\_\_\_  
\_\_\_\_\_
9. Do you take carers' special needs into account in how you allocate appointments, how you issue prescriptions and in how you arrange the waiting room? Yes / No  
Please supply details \_\_\_\_\_  
\_\_\_\_\_
10. Do you ask patients, who need care, if they have a carer and if they would like a joint appointment to discuss their condition? Yes / No



The Princess Royal Trust  
for Carers



11. If it is appropriate, do you give carers information about the person they care for? Yes / No

Please give details - diagnosis, treatment, prognosis and medication \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

12. Do you share your methods of carers' support within the Primary Care Trust, Community Health Partnership, Local Health Board or any other organisations? Yes / No

13. Please outline below the benefits of supporting unpaid carers in your surgery?  
(Please continue on a separate sheet if you need to) \_\_\_\_\_  
\_\_\_\_\_

14. Are there any other initiatives that you run for carers that you would like to tell us about? Yes / No

Please add any details here that you feel may support your application. Don't forget, we are looking for surgeries that have altered how they administer their service to better support patients who are carers.  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

(To support your application, please feel free to continue on a separate sheet of paper and to send in examples to show what you have done.)

### The Princess Royal Trust for Carers

The Princess Royal Trust for Carers currently helps 310,000 carers, including 15,500 young carers, cope by giving information, support and advice through its network of carers' centres, young carers' services and interactive websites [www.carers.org](http://www.carers.org): [www.youngcarers.net](http://www.youngcarers.net).

### Simplyhealth

Simplyhealth is a community of healthcare businesses that have joined together to help more people feel better. The Group specializes in healthcare schemes and services for individuals, families and companies, which range from cash plans, dental plans and private medical insurance, to health screening, occupational health and healthcare products.

### Simplyhealth Caring Surgery Awards

Winning surgeries will get cash prizes to help them to continue their work in support of carers. Three Awards will be given out to GP surgeries: the Gold winner will receive £2,000, the Silver winner will receive £1,000 and the Bronze winner will receive £750. All you have to do is fill in this application form with as much detail as you can and return it to us. Don't forget to attach any material which you feel demonstrates how the surgery supports patients who are carers.

### Simplyhealth Carers' Choice Award

As well as inviting surgeries to apply for an award, we also ask carers to join in. They can enter the Simplyhealth Carers' Choice Award by writing in to thank their GP for all the great work that they do to support them. If you know any carers who may want to do this please ask them to write and tell us why they think their GP should win. Please ask them to give us their name, address and telephone number, and their GP's name, address and telephone number. The winning GP and nominating carer will each get £250. We'll also present the GP with a framed copy of the winning nomination letter and a certificate for the surgery.

### Simplyhealth Primary Care Trust / Community Health Partnership / Local Health Board Awards

Due to the success of the Simplyhealth Primary Care Trust Award last year, The Princess Royal Trust for Carers and Simplyhealth has extended the Award by inviting Scottish Community Health Partnerships and Welsh Local Health Boards to enter for the first time ever. There will be one winner chosen from each sector. Applications forms to enter will be sent to each health board.

### Terms and conditions

- The closing date for entries is 10th October 2008
- Winners will be informed and announced in November 2008
- Employees of Simplyhealth and The Princess Royal Trust for Carers are not eligible to take part
- A judging panel will assess all applications
- Illegible, incomplete or fraudulent entries will be disqualified
- Winners will be expected to take part in post event publicity
- The Princess Royal Trust for Carers' decision is final and no correspondence will be entered into
- All rules must apply and infringement of one rule results in disqualification

Simplyhealth Caring Awards are organised by: The Princess Royal Trust for Carers, Unit 14, Bourne Court, Southend Road, Woodford Green, Essex IG8 8HD. [www.carers.org](http://www.carers.org); Phone 0844 800 4361; Fax 0844 800 4362. The Princess Royal Trust for Carers is incorporated in Scotland as a non-profit making company limited by guarantee number 125046. Registered office: 30 George Street, Glasgow G2 1LH. Charity number SC015975.

Now send this form to **Simplyhealth Caring Surgery Award, The Princess Royal Trust for Carers, Unit 14, Bourne Court, Southend Road, Woodford Green, Essex IG8 8HD**