Toolkit to Identify and Support Young Carers in Primary Schools in Scotland
Introduction

This Toolkit provides a framework to assist education staff in Primary Schools in Scotland to identify and support young carers.

It will also assist children of primary school age to identify themselves as carers.

The Toolkit encourages partnership working with local Young Carers Services.

To ensure the Toolkit is effective it requires to be adopted as a whole school approach with a commitment to the Young Carers Charter.
How To Use...

Each section has an **Objective**, a **Method** and **Resources** to meet the objective

<table>
<thead>
<tr>
<th>Objective</th>
<th>Method</th>
<th>Resources</th>
</tr>
</thead>
</table>
| Raising awareness of young carers | Whole school approach:  
All Staff to have Continual Professional Development (CPD) – Engaging with the Toolkit e.g. In-service | CPD byte  
Personal Learning Checklist for Staff |
|                               | Whole school to adopt the Young Carers Charter (Policy)                | charter                                        |
|                               | School to appoint a lead person for young carers in school who will liaise with the local Young Carers Service | YC Co-ordinator                                |
|                               | Young carers information to be publicised in school                    | Newsletter, Website  
School Notice Board |
|                               | Raising awareness of young carers with:  
Parents during school enrolment  
The Parent Council  
For further information and resources | Questionnaire  
Parent Council  
Further info |

All resources are **hyperlinked** to documents, other slides or internet links.

Just click on the **underlined links** to access the resource.
Aims of the Toolkit

A continual process of identification and support for Young Carers

Reviewing & Developing

Raise Awareness

Identifying

Supporting

Listening to Young Carers

The Princess Royal Trust for Carers

YEA!

Scottish Young Carers Services Alliance

The Scottish Government
The Toolkit consists of five main sections:

1. **Raising awareness of young carers in your school**
2. **Identifying young carers in your school**
3. **Supporting young carers in your school**
4. **Listening to young carers - Young Carers Voice**
5. **Reviewing your progress**
## Raising Awareness

<table>
<thead>
<tr>
<th>Objective</th>
<th>Method</th>
<th>Resources</th>
</tr>
</thead>
<tbody>
<tr>
<td>raising awareness of young carers</td>
<td>whole school approach: All Staff to have Continual Professional Development (CPD) – Engaging with the Toolkit e.g. In-service</td>
<td>CPD Byte</td>
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<td>whole school to adopt the Young Carers Charter (Policy)</td>
<td>Personal Learning Checklist for Staff</td>
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<td>school to appoint a lead person for young carers in school who will liaise with the local Young Carers Service</td>
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<td>young carers information to be publicised in school</td>
<td>YC Co-ordinator</td>
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<td>raising awareness of young carers with: parents during school enrolment The Parent Council</td>
<td>Prospectus, Newsletter, Website School Notice Board, Questionnaire Parent Council</td>
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<td>for further information and resources</td>
<td>Further info</td>
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For further information and resources:

- Prospectus
- Newsletter
- Website
- School Notice Board
- Questionnaire
- Parent Council
- Further info
## Identifying... Young Carers

### Objective

**Identifying young carers**

Young Carers Topic – How it fits with the CfE

### Method

- Personal Social Education lessons
- Assembly powerpoint
- Online DVD clips
- Power point presentation for young carer lesson.

- Follow up lesson plan:
  - Case Studies, Poster & Feedback Tasks
  - Case Study for discussion
  - "A Day in the Life of a Young Carer"

- Curriculum for Excellence (CfE)
  - Health & Wellbeing Experiences & Outcomes for pupils

- CfE learning outcomes across the curriculum and success criteria for pupils

### Resources

- **Resource Pack**
- **In Other Peoples Shoes**
- **Video links**
- **YC ppt + notes**

- **Lesson Plan**
- **Case Study Tasks**
- **Case Study - Joe**
- **Case Study - Tariq**

- **Topic Forward Plan**

- **Cross curricular links + learning outcomes**

- **Feedback questionnaire to allow pupils to self identify**

### Topic Feedback Questionnaire

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[Back to Menu]
## Supporting... Support for young carers

<table>
<thead>
<tr>
<th>Objective</th>
<th>Method</th>
<th>Resources</th>
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</thead>
<tbody>
<tr>
<td>Support for young carers</td>
<td>Young carers Co-ordinator facilitates support in school by linking with external agencies where appropriate</td>
<td>Flow chart</td>
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<tr>
<td></td>
<td>Co-ordinator keeps a register of young carers to track and monitor their progress and outcomes</td>
<td>Monitoring/progress</td>
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<td></td>
<td>Referral to local Young Carers Service</td>
<td>Referral Form</td>
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<td></td>
<td>Peer mentoring e.g. seasons for growth group, young carers school group and buddy system</td>
<td>Benefits for young carers</td>
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<td>One to one Teacher time as required by young carers</td>
<td>Suggestions...</td>
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<tr>
<td></td>
<td>Young carers support card</td>
<td>Support Card</td>
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<td>Access to Additional Support for Learning as required</td>
<td>ASL</td>
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</tbody>
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## Listening...

<table>
<thead>
<tr>
<th>Objective</th>
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<tbody>
<tr>
<td>Young Carers' Voice</td>
<td>Young carers feed into the school council via a suggestion box</td>
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<td></td>
<td>Regular meetings for young carers to voice their individual needs</td>
<td>Young Carers Co-ordinator</td>
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<td>Articles in the school magazine</td>
<td>SHS mag</td>
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<td></td>
<td>Young carers raising awareness by creating power points to show at school assemblies, parents evenings. Young Carers powerpoint</td>
<td>YC ppt</td>
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<td>One to one Teacher time as required by young carers</td>
<td>Suggestions...</td>
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<td>Input from Young Carers Service</td>
<td>YC Service</td>
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<td>Young Carers Festival</td>
<td>Report</td>
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### Review... Reflect... Respond...

<table>
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</thead>
<tbody>
<tr>
<td>Review &amp; Develop</td>
<td>Feedback from young carers in school who are receiving support</td>
<td><strong>Young Carers Feedback</strong></td>
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<td></td>
<td>Input from Local Young Carers Service</td>
<td><strong>YC Service</strong></td>
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<td>Progress and outcomes for young carers registered &amp; parent feedback</td>
<td><strong>Monitoring form Parent feedback</strong></td>
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<td>Multi-agency meeting as required</td>
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<td>Continual development of identification and support systems for young</td>
<td><strong>Growing on Glow Action Sheet</strong></td>
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<td>carers Transition support from Primary to Secondary</td>
<td><strong>Transfer Plan</strong></td>
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<td>Getting It Right For Every Child (GIRFEC) Integrated Children’s Service</td>
<td><strong>GIRFEC</strong></td>
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<td>Action Plan for Young Carers</td>
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<td>HMIE Journey to Excellence: Supporting young carers good practice example</td>
<td><strong>Young Carers</strong></td>
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INSTRUCTIONS

1. Read **Fact sheet**

2. Read Case Study and answer questions using the Toolkit

3. View Video Clips: **Young Carers Matter Too**  
   North Lanarkshire Young Carers

4. Click on **www.youngcarers.net**  
   National online website for young carers (click on ‘Professionals’)

5. Complete **Action Sheet**
Useful Links

TEACHERS TV

- School Matters – Young Carers (30 min)
- Supporting Young Carers (15 min)
Consultation Document

- Intro: Background, Aims & Outcomes of Toolkit
- Methodology
- Survey Results from Young Carers Service Staff and Education Staff
- Young Carers Feedback
- GLOW
- Commitment from Scottish Government to promote the Toolkit
Methodology

- Toolkit ready to pilot
- Redraft Toolkit
- Consultation Event
- Format Draft Toolkit
- Evaluation

Desktop Research: Resource materials
Main Project visits/consultations: Dundee, Edinburgh, Fife, Glasgow, Moray, Perth, Renfrew, South Ayrshire
GLOW Young Carers National Group/online survey
GLOW: Young Carers National Group

Sharing Practice

Curriculum areas
- Classical languages (21)
- Expressive arts (12)
- Graphic (learners) (3)
- Health and well-being (11)
- Literacy and English (13)
- Literacy and Mathematics (5)
- Mathematics (15)
- Modern languages (12)
- Physical Education (2)
- Religious and moral education (8)
- Science (21)

Young Carers

They may irritate you by coming late to school, failing to complete homework assignments and not paying attention in class. But before you give them a punishment exercise, Louise McDonald urges teachers to consider the possibility that a pupil who is performing poorly may, in fact, have 'learning needs'.

Related links

The Princess Royal Trust for Carers

The Young Carers Initiative is not by The Children's Society, but young carers need the support of young carers National Group.

BACK TO CONSULTATION DOCUMENT
Thank You

The Princess Royal Trust for Carers would like to thank and acknowledge the contribution to this toolkit from:

List of Contributors

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