Workshop Information

**SESSION(S):** 1A AND 2A  
**FACILITATOR(S):** DANIEL PHELPS  
Development and Policy Officer  
The Princess Royal Trust for Carers

**TITLE:** Supporting young carers in schools

In partnership with the Children’s Society, The Trust has recently launched *Supporting young carers: a resource for schools*, an online resource to support schools set up and embed a framework of support for young carers.

This workshop will give an overview of the resource and explore how the resource can support services to develop links with schools and work in partnership with them. It will also explore with services the challenges to moving this work forward and how the resource might be further developed.

**SESSION(S):** 1B AND 2F  
**FACILITATOR(S):** FIONA BECKER  
Senior Research Fellow, School of Sociology & Social Policy  
University of Nottingham

**TITLE:** Tools of the Trade: Exploring outcome measurement instruments for measuring the extent of caring activities and positive and negative outcomes for young carers

This workshop will showcase two tools developed by Young Carers International Research and Evaluation, University of Nottingham which can be used for both assessment and evaluation purposes. One is a tool for measuring the extent and nature of caring responsibilities undertaken by young carers and the other measures the positive and negative outcomes of caring. The workshop will discuss how the tools were developed, what they measure and how they can be used in practice. The benefits and challenges of using the tools will be explored based on learning from projects already using them.
SESSION(S): 1C AND 2E
FACILITATOR(S): MICHAEL JACOBS
Mediator/Trainer
National Family Mediation

TITLE: Mediation between young people and parents

Young carers can become very close to family members they care for. However, as in many families, difficult issues are often not addressed and tensions and misunderstandings can build up. Intervening in these situations requires both tact and skill.

The aim of this workshop is to give young carers’ service workers some skills/practice in how to mediate conversations between young carers and their parents.

SESSION(S): 1D
FACILITATOR(S): TIM GOODSPEED
Training Manager
SROI Network

TITLE: Accounting for Value: Social Return on Investment

Social Return on Investment (SROI) is an approach to understanding and managing the impacts of a project, organisation or policy. It is based on stakeholders and puts financial value on the important impacts identified by stakeholders that do not have market values.

SROI seeks to include the values of people that are often excluded from markets in the same terms as used in markets, that is, money, in order to give people a voice in resource allocation decisions. SROI is a framework to structure thinking and understanding. It’s a story not a number. The story should show how you understand the value created, manage it and can prove it.

This workshop will guide delegates through what social return on investment is, what we mean by value and why understanding value is important in our work.
SESSION(S): 1E AND 2B
FACILITATOR(S): ANGELA CHAPMAN
Operations Manager, Family Well Being Service
Child Action Northwest
KAREN WALKER
Young Carers Project Manager
Child Action Northwest

TITLE: A whole family approach to supporting Young Carers:
Blackburn with Darwen Extended Think Family Pathfinder

An interactive and informative workshop focusing on the key developments of the Young Carers Extended Think Family Pathfinder.

Blackburn with Darwen Young Carers Service delivered by Child Action Northwest became an extended family pathfinder in January 2010, with funding available until 31 March 2011.

The workshop will aim share ‘the journey’ and give a further insight into the key transition process in moving from a Young Carers project to a Extended Family Pathfinder, including the challenges faced, obstacles overcome, the evidence based outcomes achieved and the significant difference the ‘whole family approach’ has made.

It also aims to promote key messages from Young Carers and their families (case studies), share the lessons learnt along the way, and how the research gathered will feed into and underpin future service delivery and policy on both a local and national basis.

SESSION(S): 1F
FACILITATOR(S): CATH BAKER
Policy and Development Officer (Learning Disabilities)
The Princess Royal Trust for Carers/Crossroads Care

TITLE: Working with young carers with learning disabilities and other special needs

Of the estimated 175,000 young carers in the UK, it is likely that at least 36,750 will have special educational needs and be attending mainstream school. Who are these young carers and how can we provide services for them? This workshop will explore:

- Case studies and real life stories
- Who this group might be and what issues they face
- How to find out whether you are in touch with young carers who have learning disabilities or other special needs themselves
• How to find out whether there are young people with special needs in your area who are young carers
• A look at any services that are in existence for young carers with special needs, including practical tips on how to work with this group and how to make your service accessible for this group
• Other organisations that might help

SESSION(S): 2C
FACILITATOR(S): TRACEY HAMILTON
Trust Manager
Eastern Ravens Trust
PAUL MORAN
Specialist Support Worker, Young Carers Education Project
Salford Young Carers Service

TITLE: Young Carers: Participation and Empowerment

The workshop will look at creating and developing a young carers' forum/steering group and at the reasons behind the development of two Young Carers Forums, the work they undertake, and the issues that arise.

It will also focus on why young carers should be involved and what is actually meant when talking about empowerment.

In addition, it will look at the issues from the perspective of both the professionals and the young carers and the results achieved so far.

SESSION(S): 2D
FACILITATOR(S): SUE WALMSLEY
Young Carers Specialist Worker
Calderdale Young Carers Service

TITLE: The experiences of Young Adult Carers – what they want you to know!

This workshop will provide an overview of the specific needs of young adult carers and will offer suggestions about how existing services could respond more flexibly to meet the needs of young adult carers by involving young adult carers in influencing and improving services and practice. It will also detail how young adult carers have been supported in Calderdale.
SESSION(S):  3A AND 4A
FACILITATOR(S):  LOUISE WARDALE
Keeping the Family in Mind Coordinator
Barnardo’s Action with Young Carers Liverpool
JANE WELLER
Senior Improvement Officer (Carers)
Liverpool City Council, Children’s, Families and Adults
AILEEN ALEXANDER
Team Leader
Barnardo’s Action with Young Carers Liverpool

TITLE: How well are we Keeping the Family in Mind?

This workshop will promote the importance of collaborative working between adult mental health services and children's services which have been placing young carers and their families at the centre. Partnership working has been a critical ingredient in achieving better outcomes for children and families affected by parental ill health and this will be explored. The workshop will really illuminate how this collaboration is making a real difference to the lives of young carers and those children, young people impacted by their parents’ mental health problems.

In Liverpool there is a very strong drive to move the whole family approach/think family agenda forward, and the workshop will also show how the Local Authority Children and Adults Services are collaborating with the Mersey Care NHS Trust, Barnardo’s and other partners.

Delegates will find out more about the Keeping the Family in Mind Collaborative and how we have been addressing the complexities of working across adult and children’s systems to ensure a whole family approach.

Particular focus will be on the Social Care Institute for Excellence (SCIE) Think Child, Think Parent, Think Family, a guide to parental mental health and child welfare. Local implementation regarding developments in Liverpool will be shared, including how adult and children’s services are working more closely together and taking a whole family approach to secure better outcomes for children from families with complex needs.

Liverpool has developed a care pathway for young carers based on listening to young carers and staff experiences. This has been updated in line with the Common Assessment Framework (CAF) approach and will be shared as an example of good practice of how this process can be utilised as a tool to support young carers and their families.
SESSION(S): 3B AND 4B
FACILITATOR(S): HELEN LEADBITTER
Senior Project Worker
The Children's Society Include Project

TITLE: Examining the needs of young carers families affected by HIV

In this workshop delegates will learn about The Children’s Society’s national project funded by the Elton John AIDS foundation regarding young carers affected by HIV.

In particular the views of these young people will be explored including their messages for professionals.

This workshop will include interactive activities enabling workers to consider best practice when reaching out to young carers in families affected by HIV.

SESSION(S): 3C AND 4C
FACILITATOR(S): JOANNA MANNING
Programme Manager
The Children’s Society
ANNA-JOY RICKARD
Co-ordinator
The Children’s Society STARS National Initiative
MARK GILMAN
North West Regional Manager
National Treatment Agency for Substance Misuse

TITLE: Parental Substance Misuse: Embedding the needs of young carers within local protocol and practice between drug and alcohol treatment services and local safeguarding and family services

This workshop aims to provide participants with an opportunity to listen to the testimonials of children and young people who have lived with parental substance misuse and to consider the implications for their work.

It will also review the shared objectives within the cross departmental guidance on local protocol development, share areas of progress and good practice and identify outstanding key challenges to taking the work forward.
SESSION(S): 3D AND 4D
FACILITATOR(S): ROB HARRISON
Children’s Services Manager
Barnardo’s Bolton Service for Young Carers

TITLE: Young Carers and Family Group Conferencing: Learning and evaluation of this approach to delivering sustainable outcomes for young carers

This workshop will focus on how family group conferencing has been evaluated as an effective approach in Bolton and Manchester as it provides an evidence-based approach to reducing the level and impact of caring for young people.

It will also look at how this approach has worked over two years, examining the challenges and possibilities for other local authorities developing outcome and evidence based approaches to change.

In addition it will review joint working and cultural shift, providing evidence of impact and effective early interventions which meet the needs of partner agencies and which offer value for money in the current climate.

SESSION(S): 3E AND 4E
FACILITATOR(S): EWAN MAIN
Online Support Manager
The Princess Royal Trust for Carers

TITLE: Young carers, the internet, social networking, innovation and safety: A chance to share ideas, discuss concerns and learn from each other

The internet has moved on in recent years. Whereas once it was about seeking information, reading pages and perhaps looking at pictures, now it's about forming connections, developing networks between people, interacting socially and finding new friends.

The question of whether services for young people should be considering the internet has long since stopped being a question; the issue now is how far we, as workers and service providers, can delve into the world of Twitter, Facebook, blogging, sharing, liking and tagging. What are the opportunities? How can we use them to enhance and improve the way we interact with young carers on their own terms? Where is the trade-off between interactivity and safety? Or are we risking young people’s safety just as much by not being involved?

In this workshop, Ewan will show you a few examples of how he and others have used recent technology to help services work positively with young people, and talk about some of the decisions and compromises in terms of safety policy. However, there is far too much out there for one person to know, so the key focus of this workshop will be encouraging participants to bring
their own examples, experiences and expertise, so that we can all learn from what's already going on around the country. You're welcome to come along and listen, but we hope many of you will come along and talk!

**SESSION(S):** 3F AND 4F

**FACILITATOR(S):** ROSE DE PAEZTRON  
Head of Strategic Development  
Family Action

**TITLE:** Families: Pleasing all the people?  
Working with families and conflicting needs

This workshop will consider issues in relation to working with young carers and their families: engaging with the young carer themselves alongside other family members and working with the inevitable conflicting needs to be found in any family.

The workshop will offer opportunities to share on-the-ground practical experience and ideas in relation to what works, as well as how to overcome some of the challenges.